



Curriculum Vitae 1/2025

Arya W. Namin, MD FACS
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Education

Bachelor of Arts, Biology, 2011
Saint Louis University

Doctor of Medicine, 2015
Saint Louis University School of Medicine

General Surgery Internship
UT Southwestern Medical Center
July 2015 – June 2016

Otolaryngology Head and Neck Surgery Residency
University of Missouri – Columbia School of Medicine
July 2016 – June 2021

Facial Plastic and Reconstructive Surgery Fellowship
Fellowship mentor: Yadranko Ducic MD
July 2021 – July 2022

Experience

The Southern Institute of Facial Plastic Surgery
A member of Coastal Ear Nose Throat Head and Neck Surgery Associates, PLLC
Biloxi, MS
September 2022 – June 2023

Mercy Hospital St. Louis
St. Louis, MO
June 2023 – present

Medical Licenses

Mississippi, 2/3/2022 – 6/30/2024
Texas, 7/10/2020 – 8/31/2026
Wisconsin, 11/7/22 – 10/31/2025
Missouri 6/5/23 – 1/31/2026
Illinois 6/15/23 - 7/31/2026

United States Medical Licensing Examination



USMLE Step 1: 261
USMLE Step 2 CK: 266
USMLE Step 2 CS: Pass
USMLE Step 3: 235

Board Certifications

American Board of Otolaryngology – Head and Neck Surgery, 7/7/2022 – 4/1/2028
American Board of Facial Plastic and Reconstructive surgery, 10/27/2023 – 12/31/2033

Professional Society Memberships

- Fellow, American College of Surgeons
- Fellow, American Academy of Facial Plastic and Reconstructive
- Fellow, American Head & Neck Society
- American Academy of Otolaryngology – Head and Neck Surgery
- American Medical Association
- Alpha Omega Alpha
- International Peeling Society

Otolaryngology Training Exam

2017 – 9th group stanine (72.88%)
2018 – 9th group stanine, 8th national stanine (78.02%)
2019 – 9th group stanine, 8th national stanine (80.75%)
2020 – 9th group stanine, 9th national stanine (80.21%)
2021 – 9th group stanine, 9th national stanine (82.26%)

Awards

- Alpha Omega Alpha (Elected junior year)
- Recognition in Community Service, Saint Louis University School of Medicine, Class of 2015
- MD with Distinction in Research, Saint Louis University School of Medicine, Class of 2015
- 2017 University of Missouri Health Sciences Research Day – 3rd place clinical posters
- 2018 Resident Research Day Department of Otolaryngology - Head and Neck Surgery, University of Missouri – 2nd place
- 2019 Resident Research Day Department of Otolaryngology - Head and Neck Surgery, University of Missouri – 1st place

Peer Reviewed Journal Articles

1. Grewal JS, Bouzaher MH, **Namin AW**, Wang W, Ducic Y. Trapezius Myocutaneous Flap Reconstruction for the Head and Neck. *J Craniofac Surg.* (PMID: 40299788)



2. **Namin AW**, Ong AA, Agamawi YW, Shumrick C, Ducic Y. Interpreting Lower Trapezius Musculocutaneous Flap Skin Paddle Perfusion with Indocyanine Green Angiography. *Facial Plast Surg Aesthet Med*. 2023. (PMID: 37428534)
3. Namin AW, Ong AA, Agamawi YW, McIlwain W, Ducic Y. Why the Facelift Incision Should Be the Preferred Approach for Benign Parotid Neoplasms. *FPSAM Video Journal*. 2023;1(1).
4. McIlwain W, Inman J, **Namin A**, Kazi A, Shumrick C, Ducic Y. Management of Palatal Defects after Free-Flap Reconstruction and Radiotherapy. *Semin Plast Surg*. 2022;37(1):39-45. (PMID: 36776801)
5. Agamawi YM, **Namin A**, Ducic Y. Cerebrospinal Fluid Leak From COVID-19 Swab. *OTO Open*. 2021;5(4):2473974X211059104. (PMID: 34805722)
6. Bahmanyar S, **Namin AW**, Weiss RO, Vincent AG, Read-Fuller AM, Reddy LV. Orthognathic Surgery of the Mandible. *Facial Plast Surg*. 2021;37(6):716-721. (PMID: 34587642)
7. Gilley DR, Virdi GS, **Namin AW**, Dooley LM. Utility of CT in the workup of adults with sore throat in the emergency department. *Am J Emerg Med*. 2021;50:739-743. (PMID: 34879496)
8. Ong AA, DeVictor S, Vincent AG, **Namin AW**, Wang W, Ducic Y. Bony Orbital Surgery for Graves' Ophthalmopathy. *Facial Plast Surg*. 2021;37(6):692-697. (PMID: 34500489)
9. Ong AA, Manning JP, Vincent AG, **Namin AW**, Wang W, Ducic Y. Cranioplasty. *Facial Plast Surg*. 2021;37(6):698-702. (PMID: 34521150)
10. **Namin, AW**, Oudin, EM, Tassone, PT, Galloway, TLI, Dooley, LM, Zitsch, RP 3rd. Treatment of Cutaneous Melanoma of the Head and Neck with Wide Local Excision Versus Mohs. *Laryngoscope*. 2021;131(11):2490-2496. (PMID: 33844289)
11. **Namin, AW**, Kinealy, BP, Harding, BC, Alnijoumi, MM, Dooley, LM Tracheotomy Outcomes in the Medical Intensive Care Unit Patient. *Mo Med*. 2021;118(2):168-172. (PMID: 33840862)
12. **Namin, AW**, Tassone, PT, Galloway, TLI, Renner, GJ, Chang, CWD. Scalp and Forehead Injury: Management of Acute and Secondary Defects. *Facial Plast Surg*. 2021;37(4):454-462. (PMID: 33580493)
13. **Namin, AW**, Welby, L, Baker, AT, Dooley, LM. Positive Margins in Cutaneous Melanoma of the Head and Neck: Implications for Timing of Reconstruction. *Otolaryngol Head Neck Surg*. 2021;164(5):1052-1057. (PMID: 33138702)



14. **Namin, A**, Shokri, T, Vincent, A, Saman, M, Ducic, Y. Complications in Facial Esthetic Surgery. *Semin Plast Surg.* 2020;34(4):272-276. (PMID: 33380913)
15. Sanchez, A, Frank, E, Inman, J, Wang, W, **Namin, A**, Ducic, Y. Fistula Management in Head and Neck Cancer. *Semin Plast Surg.* 2020;34(4):299-304. (PMID: 33380917)
16. Wang, W, **Namin, A**, Shokri, T, Ducic, Y. Customized Orbit and Frontal Bone Implants. *Facial Plast Surg.* 2020;36(6):711-714. (PMID: 33368126)
17. Akin, R, Wentland, C, **Namin, AW**, Rivera, A. *Dermacentor variabilis*: An Unusual foreign body of the external ear canal. *Otolaryngology Case Reports.* November 2020.
18. **Namin, AW**, Bollig, CA, and Dooley, LM. Implications of Tumor Size, Subsite, and Adjuvant Therapy on Outcomes in pT4aN0 Oral Squamous Cell Carcinoma. *Otolaryngology – Head and Neck Surgery.* 2020;162(5):683-692. (PMID: 32069171)
19. **Namin, AW**, Zitsch, RP 3rd, and Layfield, LJ. Variability in pathologic interpretation of mandibular invasion. *Laryngoscope.* 2020;130(7):1721-1724. (PMID: 31433069)
20. **Namin, AW**, Cornell, GE, Smith, EH, and Zitsch, RP 3rd. Considerations for Timing of Defect Reconstruction in Cutaneous Melanoma of the Head and Neck. *Facial Plastic Surgery.* 2019;35(4):404-409. (PMID: 31315133)
21. **Namin, AW**, Cornell, GE, Thombs, LA, and Zitsch, RP 3rd. Patterns of Recurrence and Re-Treatment Outcomes Among Clinical Stage I and II Head and Neck Melanoma Patients. *Head & Neck.* 2019;41(5):1304-1311. (PMID: 30629324)
22. Ahmad, JG, **Namin, AW**, Jorgensen, JB, Zitsch, RP 3rd, and Layfield, L.J. Mandibular Invasion by Oral Squamous Cell Carcinoma: Clinicopathologic Features of 74 cases. *Otolaryngology – Head and Neck Surgery.* 2019;160(6):1034-1041. (PMID: 30598057)
23. **Namin, AW** and Zitsch RP 3rd. Impact of Biopsy Modality on the Management of Cutaneous Melanoma of the Head and Neck. *Otolaryngology – Head and Neck Surgery.* 2018;158(3):473-478. (PMID: 29110565)
24. **Namin, AW**, Christopher, KM, Eisenbeis, JF. Botulinum toxin dosing trends in Spasmodic Dysphonia over a 20-year period. *Journal of Voice.* 2017;31(1):107-110. (PMID: 27005439)
25. **Namin, AW**, Varvares, MA. Functional Outcomes of Sensate Versus Insensate Free Flap Reconstruction in Oral and Oropharyngeal Reconstruction: A Systematic Review. *Head & Neck.* 2016;38(11):1717-1721. (PMID: 27131049)



26. **Namin, AW**, Czerny, M, Antisdell, JL. Facial paresis secondary to acute bacterial rhinosinusitis. *JAMA Otolaryngology – Head and Neck Surgery*. 2015;141(9):856-857. (PMID: 26086404)
27. **Namin, AW**, Starnes, S., Plikaitis, C. Pediatric Pseudoaneurysm with a Variable History of Antecedent Trauma. *Journal of Craniofacial Surgery*. 2015;26(3):796-799. (PMID: 25850873)
28. Osawuza-Peters, N, Wang, DD, **Namin, A**, John, V, Thomson, D, O’Neil, M, Patel, PV, Varvares, MA. Sexual behavior, HPV knowledge, and association with head and neck cancer among a high-risk group. *Oral Oncology*. 2015;51(5):452-456. (PMID: 25683135)
29. **Namin, AW**, Bruggers, S, Panuganti, BA, Christopher, KM, Walker, RJ, Varvares, MA. Efficacy of bone marrow frozen sections in detecting occult cancellous invasion beyond original bone margins. *Laryngoscope*. 2015;125(5):E173-179. (PMID: 25447690)
30. Mohan, S, Smyth, BJ, **Namin, A**, Phillips, G, Gratton, MA. Targeted Amelioration of Cisplatin-Induced Ototoxicity in Guinea Pigs. *Otolaryngol Head Neck Surg*. 2014;151(5):836-839. (PMID: 25078416)
31. Czerny, MS, **Namin, A**, Gratton, MA, Antisdell, JL. Histopathological and clinical analysis of chronic rhinosinusitis by subtype. *Int Forum Allergy Rhinol*. 2014;4(6):463-469. (PMID: 24574266)

Oral Presentations

1. **Namin, A.W.** (presenter) Improving the reliability of the lower trapezius musculocutaneous flap with ICG angiography. 2023 American Academy of Facial Plastic and Reconstructive Surgery Annual Meeting. Las Vegas, Nevada, United States of America. October 2023.
2. Gilley, D.R. (presenter), Viridi, G., **Namin, A.W.**, Dooley, L.M. Utility of Computed Tomography in the Workup of Adult Peritonsillar Abscess in the Emergency Department. 2020 American Academy of Otolaryngology – Head and Neck Surgery Foundation Annual Meeting and Oto Experience. Virtual Meeting. September 2020
3. Harding, B.C. (presenter), **Namin, A.W.**, Bollig, C.A., and Dooley, L.M. Association of Adjuvant Therapy with Outcomes in pT4aN0 Oral Cavity Carcinoma. 2019 American Academy of Otolaryngology – Head and Neck Surgery Foundation Annual Meeting and Oto Experience. New Orleans, Louisiana, United States of America. September 2019.
4. Harding, B.C. (presenter), **Namin, A.W.**, Kinealy, B., Johnson, R.P., Alnijoumi, M.M., Dooley, L.M. Tracheotomy and End of Life Decision Making in the Critically Ill. 2019 American Academy of Otolaryngology – Head and Neck Surgery Foundation Annual



Meeting and Oto Experience. New Orleans, Louisiana, United States of America. September 2019.

5. **Namin, A.W. (presenter)**, Zitsch, R.P. 3rd, and Layfield, L.J. Erosive Mandibular Invasion Defined. 2019 American Head and Neck Society Annual Meeting at Combined Otolaryngology Spring Meetings. Austin, Texas, United States of America. May 2019.
6. Ahmad, J.G., **Namin, A.W. (presenter)**, Jorgensen, J.B., and Layfield, L.J. The Effects of Radiation on The Histopathologic Characteristics of Mandibular Invasion by Squamous Cell Carcinoma. 2018 Missouri Chapter of the American College of Surgeons. Lake Ozark, Missouri, United States of America. May 2018.
7. **Namin, A.W.**, Cornell, G.E. (presenter), and Zitsch, R.P. 3rd. Patterns of Recurrence and Re-Treatment Outcomes Among Clinical Stage I and II Head and Neck Melanoma Patients. 2018 Missouri Chapter of the American College of Surgeons. Lake Ozark, Missouri, United States of America. May 2018.
8. Ahmad, J.G. (presenter), **Namin, A.W.**, Jorgensen, J.B., and Layfield, L.J. The Effects of Radiation on The Histopathologic Characteristics of Mandibular Invasion by Squamous Cell Carcinoma. 2018 University of Missouri Graduate Professional Council 35th Annual Research and Creative Activities Forum. Columbia, Missouri, United States of America. April 2018.
9. **Namin, A.W. (presenter)** and Gov-Ari, E. Management of an Oropharyngeal Teratoma in a Premature Neonate. 2017 Midwest Pediatric ENT Consortium. Kansas City, Missouri, United States of America. October 2017.
10. **Namin, A.W. (presenter)** and Zitsch, R.P. 3rd. Impact of Biopsy Modality on Head and Neck Melanoma. 2017 American Academy of Otolaryngology – Head and Neck Surgery Foundation Annual Meeting and Oto Experience. Chicago, Illinois, United States of America. September 2017.
11. Gratton, M.A. (presenter), **Namin, A.W.**, Wang D., Chen, B.Y. Hearing loss and cochlear pathology in a type 2 diabetic mouse model. Association for Research in Otolaryngology, 38th Annual MidWinter Meeting, Baltimore, Maryland, United States of America. February 2015.
12. **Namin, A. (presenter)**, Christopher, K., Eisenbeis, J.F. Spasmodic Dysphonia: A 20-year Experience of Injecting Botulinum Toxin. 2014 American Academy of Otolaryngology- Head and Neck Surgery, Orlando, Florida, United States of America. September 2014.
13. Mohan, S. (presenter), Smyth, B.J., **Namin, A.**, Phillips, G., Gratton, M.A. Targeted Amelioration of Cisplatin Induced Ototoxicity in Guinea Pigs. 2013 American Academy of Otolaryngology- Head and Neck Surgery, Vancouver, Canada. September 2013.



Poster Presentations

1. Harding, B.C. (presenter), Olmsted, J., **Namin, A.W.**, and Gilbert, M.R. Effect of Myofascial Release Physical Therapy on Chronic Laryngologic Complaints. 2020 Triological Society Annual Meeting at Combined Otolaryngology Spring Meetings. Virtual poster session. May 2020.
2. **Namin, A.W.** (presenter), Cornell, G.E., Smith, E.H., and Zitsch, R.P. 3rd. Incidence and Predictors of Positive Margins in Cutaneous Melanoma of the Head and Neck- Implications for Timing of Defect Reconstruction: A Systematic Review of the Literature. 2018 American Academy of Facial Plastic and Reconstructive Surgery Annual Meeting. Dallas, Texas, United States of America. October 2018.
3. Ahmad, J.G. (presenter), **Namin, A.W.**, Jorgensen, J.B., and Layfield, L.J. Clinical and Pathologic Features Associated with Prognosis in Oral Cavity Cancer with Pathologically Confirmed Mandibular Invasion. 2018 American Academy of Otolaryngology – Head and Neck Surgery Foundation Annual Meeting and Oto Experience. Atlanta, Georgia, United States of America. October 2018.
4. Ahmad, J.G. (presenter), **Namin, A.W.**, Jorgensen, J.B., and Layfield, L.J. Impact of Adjuvant Radiation Therapy on the Prognosis of T4aN0M0 Oral Cavity Cancer with Pathologically Confirmed Mandibular Invasion. 2018 American Academy of Otolaryngology – Head and Neck Surgery Foundation Annual Meeting and Oto Experience. Atlanta, Georgia, United States of America. October 2018.
5. Schmid, J.L. (presenter), **Namin A.W.**, Gov-Ari, E. Successful Management of Congenital Oropharyngeal Teratoma Utilizing E.X.I.T. Procedure and Serial Resections in a Premature Neonate. 2018 American Society of Pediatric Otolaryngology Annual Meeting at Combined Otolaryngology Spring Meetings. National Harbor, Maryland, United States of America. April 2018.
6. **Namin, A.W (presenter)**, Cornell, G.E., and Zitsch, R.P. 3rd. Patterns of Recurrence and Re-Treatment Outcomes Among Clinical Stage I and II Head and Neck Melanoma Patients. 2018 American Head and Neck Society Annual Meeting at Combined Otolaryngology Spring Meetings. National Harbor, Maryland, United States of America. April 2018.
7. **Namin, A.W (presenter)**, Cornell, G.E., and Zitsch, R.P. 3rd. Patterns of Recurrence and Re-Treatment Outcomes Among Clinical Stage I and II Head and Neck Melanoma Patients. 2017 University of Missouri School of Medicine Health Sciences Research Day. Columbia, Missouri, United States of America. November 2017.
8. **Namin, A.W. (presenter)** and Zitsch, R.P. 3rd. Impact of Biopsy Modality on Head and Neck Melanoma. 2017 University of Missouri School of Medicine Health Sciences Research Day. Columbia, Missouri, United States of America. November 2017.



9. **Namin, A.W. (presenter)** and Varvares, M.A. The Lateral Antebrachial Cutaneous Neurosome Revisited: Maximal Capture for Sensory Flap Reconstruction. 2017 American Academy of Facial Plastic and Reconstructive Surgery Annual Meeting. Pheonix, Arizona, United States of America. October 2017.
10. **Namin, A. (presenter)**, Lees, K.A., Miller, S.M., Varvares, M.A. Variable kinetics of intraoperative parathyroid hormone. 2014 Missouri Chapter of American College of Physicians resident and student poster competition, Osage Beach, Missouri, United States of America. August 2014.
11. **Namin, A. (presenter)**, Czerny, M., Antisdell, J.L. Facial paresis secondary to acute bacterial rhinosinusitis. 2014 American Rhinologic Society at Combined Otolaryngology Spring Meetings, Las Vegas, Nevada, United States of America. April 2014.
12. **Namin, A. (presenter)**, Starnes, S., Plikaitis, C. Pediatric pseudoaneurysm with a variable history of antecedent trauma. 2014 Pediatric Science Days Research Symposium, Saint Louis, Missouri, United States of America. February 2014.
13. **Namin, A. (presenter)**, Raslan, O.A., Zhou, Y., Christopher, K.M., Osman, M.M., Varvares, M.A. 18F-FDG Positron Emission Tomography/ Computerized Tomography (18F-FDG PET/CT) ability to predict invasion of the mandible by oral squamous cell carcinoma. 2013 Saint Louis University School of Medicine AOA Medical Student Research Forum, Saint Louis, Missouri, United States of America. November 2013.
14. Raslan, O.A., **Namin, A.**, Zhou, Y., Christopher, K.M., Varvares, M. and Osman, M.M (presenter). Accuracy of 18-FDG PET/CT in assessing direct osseous invasion by head and neck tumors: a Pathological correlation. 2013 Annual Congress of the European Association of Nuclear Medicine, Lyon, France. October 2013.
15. Czerny, M. (presenter), **Namin, A.**, Gratton, M.A., Antisdell, J.L. Histopathological and clinical analysis of chronic rhinosinusitis by subtype. 2013 American Academy of Otolaryngology- Head and Neck Surgery, Vancouver, Canada. September 2013.

TEXTBOOK CHAPTERS

1. Ong, A.A., Umeh, U., **Namin, A.** Local Flaps. In: Sokoya F, Vincent AG, eds. *Manual of Head and Neck Reconstruction: A Step-by-Step Guide*. Springer Nature Switzerland; 2024:3-15.
2. **Namin, A.**, Ong A.A., Chan, D. Facial Regional Flaps. In: Sokoya F, Vincent AG, eds. *Manual of Head and Neck Reconstruction: A Step-by-Step Guide*. Springer Nature Switzerland; 2024:17-29.



3. **Namin, A.,** Chan, D. Nasal Reconstruction. In: Sokoya F, Vincent AG, eds. *Manual of Head and Neck Reconstruction: A Step-by-Step Guide*. Springer Nature Switzerland; 2024:31-42.
4. **Namin, A.,** Saman, M. Supraclavicular Flap. In: Sokoya F, Vincent AG, eds. *Manual of Head and Neck Reconstruction: A Step-by-Step Guide*. Springer Nature Switzerland; 2024:159-168.
5. **Namin, A.,** Brown, R.F. Unilateral Cleft Lip Repair. In: Sokoya F, Vincent AG, eds. *Manual of Head and Neck Reconstruction: A Step-by-Step Guide*. Springer Nature Switzerland; 2024:275-288.
6. **Namin, A.,** Umeh U. Mandible Trauma Reconstruction. In: Sokoya F, Vincent AG, eds. *Manual of Head and Neck Reconstruction: A Step-by-Step Guide*. Springer Nature Switzerland; 2024:305-316.

INTERNATIONAL SERVICE

Otolaryngology International Medical Brigade November 2012

- Traveled to Catacamas, Honduras to conduct a one-week medical brigade with nurses, audiologists, physicians, and students from Saint Louis University.